



Dear Ashihara friends,

I'm pleased to officially invite you, as a host, to **the 7th New Year's Tsuru Cup for youth categories**. For the second time in a row, we are happy to invite our friends from other countries to take part in this competition.

The competition will be organised exclusively for <u>sportsmen of younger categories (under 18)</u>, as well <u>as for the younger seniors (from 18 to 21)</u> registered in Ashihara NIKO organization. The competiton will be held on **the 21**st of December 2024.

You can register for the following disciplines:

- Kata individual
- Kumite

Age categories for KATA:

YOUTH	18-21 years	
JUNIORS	14-17 years	
CADETS I	12-13 years	
CADETS II (NADE)	10-11 years	
CHILD I (PIONIRI)	8-9 years	
CHILD II (POLETARCI)	7 years and under	

Age categories for KUMITE:

YOUTH	18-21 years	
JUNIORS I	16-17 years	
JUNIORS II	14-15 years	
CADETS I	12-13 years	
CADETS II (NADE)	10-11 years	
CHILDREN I (PIONIRI)	8-9 years	
CHILDREN II (POLETARCI)	7 years and under	

- In order to make this competition more suitable for all the contestants, Weight categories will be determined based on the number of registered competitors.
- Trainers are obligated to send accurate information about the weight and age category of their competitors with a video clearly documenting the weight of each competitor (with his/hers name)
- Since, the categories and schedules will be made ahead and distributed to the coaches, we politely ask you to check the accuracy of the information that we send you. Therefore, subsequent complaints, will not be valued.
- For youth, junior and cadet categories we will follow the NIKO rules about weight. If there are no fighters in some category, we will join the category with the one above, making the category to the minimum of 4 competitors, while also trying to be as close to the NIKO rules





as possible. Child categories will be made after the registration, according to their weights, also following the NIKO rules, as possible.

- If the coach happens to send wrong information about the age category of his competitor, that competitor will be disqualified.
- If the coach happens to send wrong information about the weight category of the competitor or if the registered weight does not match with the official weighing on the day of the competition, that competitor will be disqualified. The only deviation that will be tolerated is +1kg from the category.
- Coaches are obligated to send a video clearly documenting the weight of each competitor (with his/hers name)

KATA regulations:

Including the age categories, stated at the beginning, categories will be made based on the grades of the competitor, by the following:

→ 10-9 KYU (white belts)

Shoshin no kata sono ichi – for quarter finals

Kumite no kata sono ichi – for semi-finals and finals

(WITHOUT BUNKAI)

- → 8-5 KYU (blue and yellow belts) Shoshin no kata ichi for eliminations Shoshin no kata sono ichi - for eliminations Kumite no kata sono ichi – for quarter finals Shoshin no kata sono ni – for semi-finals Kumite no kata sono ni – for finals (BUNKAI)
- → 4+ KYU (green belts, brown belts and black belts)

 Shoshin no kata sono san for elimination round

 Kumite bo kata sono san for quarter finals

 Nage no kata sono san for semi-finals

 Kumite no kata sono go for finals

 (BUNKAI)

Two competing competitors preform the kata together on the count. Competitors preform BUNKAI individually on HAJIME (without counting).





${\hbox{KUMITE regulations:}}\\$

On the competition, the latest NIKO "Ashihara Kaikan" rules, will be applied.

Duration of the fight, by each category:

Duration of the right, by each category.			
Category	Gender	Elimination rounds (minutes)	Semi-finals and finals (minutes)
POLETARCI CHILD 2	Male	1:30 → 1 final decision	1:30 = 크 = Tinal decision
	Female	1:30 —⇔ final decision	1:30 = = = = = = = = = = = = = = = = = = =
PIONIRI CHILD 1	Male	1:30	1:30 = 1 = 1 = 1 inal decision
	Female	1:30	1:30 = 1 = 1 = final decision
NADE	Male	2 → 1 final decision	2 ➡1 ➡1 ➡final decision
CADETS 2	Female	2 → 1 final decision	2 🚅 드립 드립inal decision
CADETS I	Male	2	2 ➡2 ➡1 ➡ final decision
	Female	2 ⇔ 2 final decision	2 = 2 = 1 = final decision
JUNIORS II	Male	2 → 2 final decision	2 = 2 = ₹inal decision
	Female	2 —⇔2 final decision	2 == 2 == final decision
JUNIORS I	Male	3 —⇒2 final decision	3 2 − − − − − − − − − − − − − − − −
	Female	2 — ⇒2 final decision	2 ➡2 ➡final decision
YOUTH U21	Male	3 ← 2 final decision	3 = 2 = ₹ final decision
	Female	2 ← 2 final decision	2 = 2 = final decision





Protective gear:

Every club must provide protective gear for his competitors.

® For all categories under 12 years (Child I and II, Cadets II)

- Chest protector (over the GI)
- Helmet (with face protection)
- Gloves
- o Inguinal protector (must be under the gear)
- Shin protectors
- Brest protectors for girls

® Cadets I:

- Helmet (with face protection)
- o Gloves
- o Inguinal protector (must be under the gear)
- Shin protectors
- Brest protection for girls

® Juniors (I and II)

- Helmet (with face protection)
- Gloves
- o Inguinal protector (must be under the gear)
- Shin protectors
- Brest protection for girls

® Youth

- Tooth protector
- o Inguinal protector (must be under the gear)
- Shin protectors
- Brest protection for girls

Conditions for participating athletes:

- 1. All contestants must be officially registered in NIKO Ashihara organisation
- 2. All contestants must participate wearing white karate-gi.
- 3. It is mandatory for every athlete to wear adequate protective gear for every category stated in the official NIKO rules.
- 4. Written approval from parents or legal guardians that states their approval regarding the participation at this competition.
- 5. Medical certificate valid on the day of the competition and health insurance for accidents.
- 6. Identification document.
- 7. Paid entry fee





Entry fee:

For all guests we have a package for 200 EUR which includes 2 night stay with breakfast and a parking spot at Prime Hotel Garni Belgrade (https://www.hotelprime.rs/), which is a 6 minutes walk from the venue, entry fee for the competition, one lunch package during the competition and the official T-Shirt of Tsuru Cup (please send the shirt size on your application).

In case there is a larger number of applications, we will change the venue and the hotel. It is very important to notify the organizers about the approximate number of guests and parcipants until **the 25**th **of November**, so we could change everything in time, if it is needed. But the deadline for all final applications stays on **the 7**th **of December 2024**.

Place: Sports Centre "Mirko Sandić" – Sjenička 1, Belgrade

hPps://maps.app.goo.gl/eZGMU4SdWRM4qD1PA

Refreshments:

During the competion, we will provide water and sandwiches for the competitors, with a coupon. Coupons will be given to you on the registration table. And for the coaches and referees there will be an organised lunch.

Medical support:

During the competition there will be an on-call medical team in case of sports injuries.

Awards:

On the end of the competition will be a closing ceremony, where the competitors will be awarded with medals and goblets for winning places, thank you notes and the best club of the competion. The best club will also be awarded with the 50.000rsd coupon for the sports equipment, provided by Ardu Sport.

Livestream of the event will be on Tsuru Club social media

All the information and news can be found on the **New Years Tsuru Cup** official page: https://tsuru-cup.asiharakaikan.com/en/

Deadline for applications:

The deadline for applications is on the <u>7th of December 2024.</u>
Please send your applications on: <u>sasa.andjelic@gmail.com</u>

For any information needed, please feel free to contact me on the email stated above or WhatsApp

number: **+381 60 06 33 542**

See You soon in Belgrade! Best regards,

OSU!

Sensei Saša Anđelić